Couples' Get-Away

Sponsored by Adult & Women's Ministries

Rest • Relax • Rejuvenate • Reconnect

Join us for a special retreat **for couples only** (no children please) at the Mandalay Bay Embassy Suites on the beach in Oxnard. Our prayer and hope is that you will be able to pull away from your everyday responsibilities, relax and spend time with your spouse.

The retreat will be highly relational with practical teaching that is applicable to marriage and will allow you to spend quality time as a couple.

Speakers

Pastor Nate Aanderud

Nate is the Pastor of Family Ministries at RHCC. He has a Masters Degree in Marriage and Family Therapy with over 20 years of counseling experience. Nate and his wife, Stephanie, have two children.

Pastor Garrick Hanger

Garrick is the Pastor of Young Adults at RHCC with a special concern for families with young children. He is a graduate of Talbot Theological Seminary. Garrick and his wife, Jeannine, have three children.

Schedule

PRE-RETREAT OPTION

November 4, Friday

(*Hotel buffet breakfast for Saturday included*)

3 PM Check in	Enjoy the hotel & beach
6-6:30 PM	"Setting the Tone"
6:30 PM	Dinner on your own

November 5, Saturday

10 AM	Session 1
12:00	Optional lunch with mentor couples or lunch on your own
4:30 – 6 PM	Session 2
6:30	Free evening

November 6, Sunday

7-10 AM	Hotel buffet breakfast (*included in room price*)
10 AM	Session 3
12:00	Depart

Resources available:

Optional no-cost one-hour marriage tune-up with a licensed marriage and family counselor and/or pastor.

Lunch or appointment time with couples attending as mentors.

Accommodations:

An all-suite hotel with bedroom, living area, 2 baths, microwave, coffee maker, and refrigerator in each suite.

Activities available at hotel:
- Hot tubs/Swimming pool
- Tennis courts/Bike rental
- Surfing/Deserted beach
- In-room movies

Area activities include:
- Golf
- Outlet mall shopping
- Restaurants
- Movie theaters

REGISTRATION FORM

Couples' Get-Away

Name _____

Address _____

City/State/Zip _____

Phone _____ E-mail _____

Price$165 per couple Saturday/Sunday

(Reminder: Couples only – no children please)

❑ **Please check box if you wish to stay the optional Friday night: Additional $165**

$50 Deposit required with registration.

Non-refundable after October 3, 2011 when full payment is due.

Scholarships available – Please contact ghanger@rhcc.net

Send registration form and payment to: Nancy Kutlesa

2222 Palos Verdes Drive North, Rolling Hills Estates, CA 90274

For more information: 310.521.2518 or nkutlesa@rhcc.net

Couples' Get-Away Registration Form

Fill out form on reverse side and send with payment to: Nancy Kurlesa
2222 Palos Verdes Drive North
Rolling Hills Estates, CA 90274

Saturday/Sunday
$165 per couple

Mandalay Bay Embassy Suites, Oxnard

Rolling Hills Covenant Church
2222 Palos Verdes Drive North
Rolling Hills Estates, CA 90274
www.RollingHillsCovenant.com

Rest & Relax

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November 5-6, 2011
Mandalay Bay Embassy Suites

Rejuvenate & Reconnect