

Rolling Hills Covenant Church Student Ministries Mandatory Health Form

For ALL junior high and high school students AND students under 18 years of age.

PLEASE PRINT IN INK

Name _____
School _____ Grade _____ Gender M F
Birthday ____/____/____ Age ____ Height _____ Weight _____

Address _____ City _____
State _____ ZIP _____ Phone # _____

Medical Insurance Company _____
Policy # _____

Physician's Name: _____
Physician's Phone: _____

Primary Parent/Guardian [Emergency] Contact Person:

Name _____
Address _____ City _____
State _____ ZIP _____ Home Phone # _____
Work Phone # _____ Cell Phone # _____
Pager # _____

Alternative Contact Person: (Use someone near primary contact)

Name _____
Address _____ City _____
State _____ ZIP _____ Home Phone # _____
Work Phone # _____ Cell Phone # _____
Pager # _____

PLEASE NOTE: If you should require medical attention, please send us the necessary information to give you the proper medical care during your time with the Student Ministries event.

MEDICAL HISTORY: Describe in detail the nature and severity of any physical and/or psychological ailment, propensity, weakness, limitation, handicap, disability, or condition to which you are subject and of which the Church should be aware, and what, if any, action or protection is required on account thereof:

Name and dosage of medications or procedures that must be used:

PLEASE check the following areas of concern and add necessary additional comments below:

1. For your safety and our knowledge, are you a good swimmer, fair swimmer, non-swimmer? 2. Do you have allergies to: Nuts, Grasses, Medications, Food, Insect bites, Other _____? If you have allergies, will you be bringing an EpiPen to an overnight event, such as camp? YES NO. 3. Do you suffer from, or have ever experienced, or are currently being treated for any of the following: Epilepsy/Seizure Disorder, Heart Trouble, Diabetes, Frequently Upset Stomach, Physical Handicap? 4. Date of last Tetanus shot: _____ 5. Do you wear: Glasses, Contact Lenses? 6. Please list and explain any major illness during the past year:

Additional comments:

Should this student's swimming or activities be restricted for any reason?

YES NO. If YES, Please Explain:

My child has permission to attend all church sponsored Student Ministries events, including, but not limited to the following alphabetical list:

Baseball, basketball, Bible studies, biking, boating, camping, concerts, cook-outs, skiing, games in the park, golfing, hay riding, hiking, miniature golf, open student center, rappelling, roller blading, roller skating, snow boarding, soccer, softball, swimming, volleyball, water skiing. NOTE: If you desire to limit your participation in any event, please put your restrictions to ROLLING HILLS COVENANT CHURCH in writing in advance of the event.

Parent's Signature: _____

By my signature below, I voluntarily agree to participate in church sponsored events.

Student's Signature: _____

Date: _____

Student Ministries Code of Conduct and Standards of Behavior

We desire for Student Ministries programming and events to not only be incredibly fun, but safe as well. For your own safety, and the safety of others, we ask that all students abide by this code of conduct and standards of behavior while participating in ministry events. Students who violate the code of conduct or standards of behavior will be subject to discipline, including being sent home at the expense of their own family.

Policies

- Staff and students should in no manner initiate, promote, encourage, or participate in any activity that would lead to nudity.
- Staff and students in no manner should initiate, promote, encourage, or allow students or themselves to engage in any horseplay, jokes, hazing, or ridicule, which contains sexual/homosexual connotations. In the same way, they should not engage in any jokes or ridicule that is degrading or causing harm to another (i.e., “atomic sit –ups”, “wedgies”, “swirlies”).
- Staff shall not initiate frontal hugs with the opposite sex. Staff and students need to be cautious with physical touch between staff and student, and how it might: a) be construed by the individual, and; b) be viewed as inappropriate by others surrounding them.

Code of Conduct and Standards of Behavior

1. No alcohol, drugs, tobacco permitted [Any possession, using, buying, or distributing of an illegal or controlled substance or alcohol on church property or during a Student Ministries event will not be tolerated and parents will be informed and appropriate authorities will be notified]. 2. Participation with the group expected. 3. Unless married, no guys in gals’ sleeping quarters (and vice versa). 4. Respect for others. 5. Respect for property. 6. Respect for and compliance with event schedules. 7. No fighting, weapons, fireworks, explosives or lighters.

Red Flags – The Red Flag policy was created in an effort to catch behavior before it places someone at risk. Our Student Ministries considers any sort of behavior by students or staff that puts others at risk physically, emotionally, or spiritually to be a “Red Flag.” Red Flags are not tolerated within our ministries, and concerns should be communicated to an adult that you trust, including your parents, staff or a Pastor. It is a red flag, if a student, staff, adult, or some older person who has authority or power in one’s life behaves in the following way:

Driving excessively fast or recklessly; If someone appears to mostly hang out with you, while excluding others, and giving resistance to you bringing a friend along; If someone wants to hang out in your room, or other private place, with the door locked or blinds closed; If someone asks you to participate in some activity that requires you to take your clothes off. Examples: Skinny-dipping, strip poker, streaking, photography; Initiates any physical touching that makes you feel uncomfortable, especially if they persist after you express your discomfort; Any horseplay, or joking in a homosexual or sexual way; Extravagant and excessive gift giving; Using their physical power to control you in such a way that you feel threatened or in pain; Using, purchasing, or encouraging you to use or purchase an illegal substance; If someone is deceitful or resistant in their communication with parents, disregarding parental authority; Using ridicule, put downs, or hazing tactics that diminish, embarrass, or demoralize you as a person; When you feel like you have become the adult and the leader has become the teenager; When someone encourages you to break the law: i.e. trespassing, vandalism, theft.

I have read and will support and uphold the code of conduct and standards of behavior of Rolling Hills Covenant Church. I acknowledge that violation of the code of conduct and standards of behavior will result in discipline from the ministry, including being sent home from an event and restriction from further activities.

→ **Student’s Signature:** _____ **Date:** _____

→ **Parent’s Signature:** _____ **Date:** _____

I acknowledge that my child’s participation in ROLLING HILLS COVENANT CHURCH STUDENT MINISTRIES is voluntary and may require involvement in events that require traveling or physical exertion. Such events may include, but are not limited to, camps, athletic games, excursions, mission’s trips and meetings. I (we) acknowledge that his/her participation in any ROLLING HILLS COVENANT CHURCH student event presents risks that my child may suffer property damage, bodily injury, or death. Therefore, in consideration of my child’s being allowed to participate in the ROLLING HILLS COVENANT CHURCH student events, or any one or more of such events, as well as other good and valuable consideration, the receipt and sufficiency of which is hereby acknowledged, I agree to the following:

→ _____ ROLLING HILLS COVENANT CHURCH is not responsible for personal
(Initial) belongings.

→ _____ Inappropriate misconduct will result in transportation home at my expense.
(Initial)

→ _____ I hereby take the following action for my child, myself, my executors,
(Initial) administrators, heir, next of kin, successors and assigns: **A) I WAIVE RELEASE AND DISCHARGE** from any and all claims or liabilities for death or personal injury damages of any kind, which arise out of or relate to my child’s participation in ROLLING HILLS COVENANT CHURCH STUDENT MINISTRIES the following person or entities: ROLLING HILLS COVENANT CHURCH, it’s Senior Pastor and Associate Pastors, Directors, employees, volunteers, representatives, subcontractors, and agents of any of the above; **B) I AGREE NOT TO SUE** any of the persons or entities mentioned above for any of the claims or liabilities that I have waived, released or discharged herein; and **C) I INDEMNIFY AND HOLD HARMLESS** the person or entities mentioned above from any claims made or liabilities assessed against them as a result of my child’s actions.

→ _____ The undersigned parent and natural guardian of the student named below, hereby execute
(Initial) the foregoing Assumption of the Risk, Waiver, Release and Discharge, Agreement Not To Sue, and Indemnification, for and on behalf of the minor named herein. I agree to indemnify and hold harmless the persons or entities mentioned above for any claims or liabilities assessed against them as a result of any insufficiency of my legal capacity or authority to act for and on behalf of myself in the execution of the Waiver and Release.

→ _____ I hereby authorize any licensed physician, emergency medical technician, hospital or
(Initial) other medical healthcare facility or medical provider to treat or relieve any injury received by performing all procedures deemed medically advisable. I realize and appreciate that there is a possibility of complications and unforeseen consequences in any medical treatment, and I assume any such risk for and on behalf of the student.

I give permission for my son/daughter to be photographed and/or videotaped for future promotional materials including website postings without expectation of compensation.

Student’s Name: _____

Parent/Guardian Name: _____

→ **Parent’s Signature:** _____

Relationship to Minor: _____

Date: _____

COMPLETED FORM IS GOOD UNTIL SUPERSEDED. Please re-submit if your information changes. We request new forms before the beginning of 7th, 9th, and 11th grades.
Rolling Hills Covenant Church - 2222 Palos Verdes Dr. N. RHE, CA 90274
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